

Getting your employees **back to work** **faster and** **sustainably**



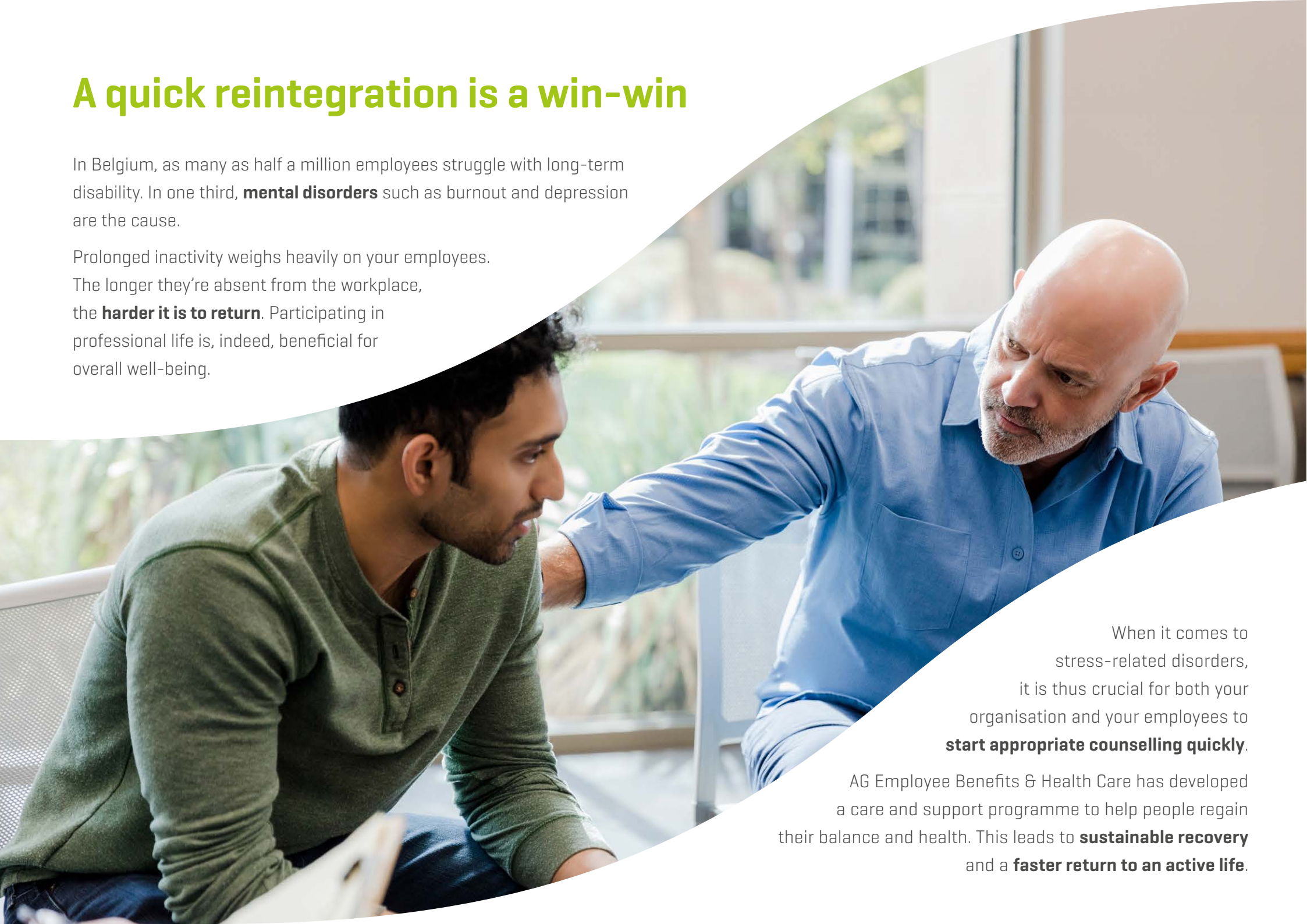
Care and support for a
sustainable reintegration

Returnto**Work** 

A quick reintegration is a win-win

In Belgium, as many as half a million employees struggle with long-term disability. In one third, **mental disorders** such as burnout and depression are the cause.

Prolonged inactivity weighs heavily on your employees. The longer they're absent from the workplace, the **harder it is to return**. Participating in professional life is, indeed, beneficial for overall well-being.



When it comes to stress-related disorders, it is thus crucial for both your organisation and your employees to **start appropriate counselling quickly**.

AG Employee Benefits & Health Care has developed a care and support programme to help people regain their balance and health. This leads to **sustainable recovery** and a **faster return to an active life**.

Return to Work by AG

Proven effective reintegration programme

Is an employee unable to work due to a stress-related mental disorder?

AG's Return to Work reintegration programme is committed to sustainable recovery.



What does Return to Work entail?

Return to Work is part of your **Income Care insurance policy**. The programme provides specialised care and personalised support for employees with stress-related mental disorder.

Follow-up by multiple specialists (including a psychologist, sophrologist, sports coach and job coach) helps employees **take back control of their life, recover** thanks to adapted counselling and eventually **Return to Work**.

The concrete result? Employees are able to Return to Work **up to three times faster**.

Included

Voluntary programme

Independent

Expert support

AG works with **five leading partners** for the reintegration programme, each with their unique expertise and approach to mental disorders, burnout and depression. **You choose the partner that best suits your organisation's needs and culture** (one choice per company). This partner is your fixed reintegration specialist and will counsel your employees entering the process.

AG's reintegration partners

Oh My People
Making stress work

Oh My People

WORKPLACE OPTIONS

Workplace Options

pulso
benelux

Pulso

ISO SL
Intercommunale de Soins
Spécialisés de Liège

CITES

MEDISCH CENTRUM
TERNAT

Medisch Centrum Ternat

Choose the reintegration partner for your organisation. This **handy onepager** shows you the strengths of our five partners at a glance.

How does Return to Work work?

The Return to Work programme is **proactively** offered to employees in case of long-term incapacity for work (due to a stress-related mental disorder).

Participation in the programme is **entirely voluntary**. When an employee decides to participate, the reintegration partner outlines a **personal programme** with that person.



94% of beneficiaries believe that AG's reintegration programme helped them get back to work faster.

The reintegration programme consists of three phases:

1



Recovery

Thanks to a combination of psychotherapy, relaxation and exercise, employees are able to distance themselves from the situation, unwind and recharge their batteries.

2



Reactivation

Based on an analysis of the personality profile, and with the help of a job coach, the employee is given an action plan that focuses on strengths and weaknesses.

3



Reintegration

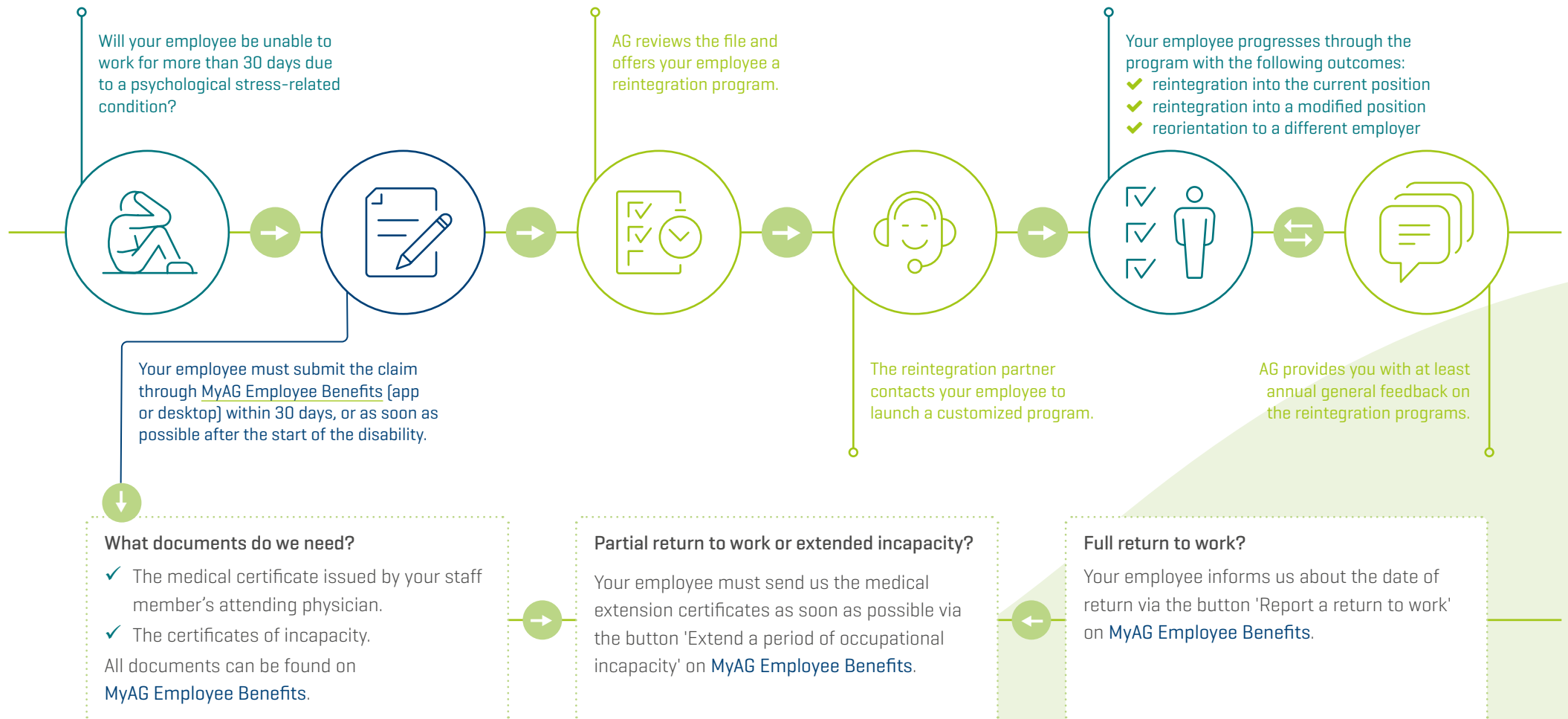
The reintegration partner works with your employee to facilitate a sustainable step by step return.

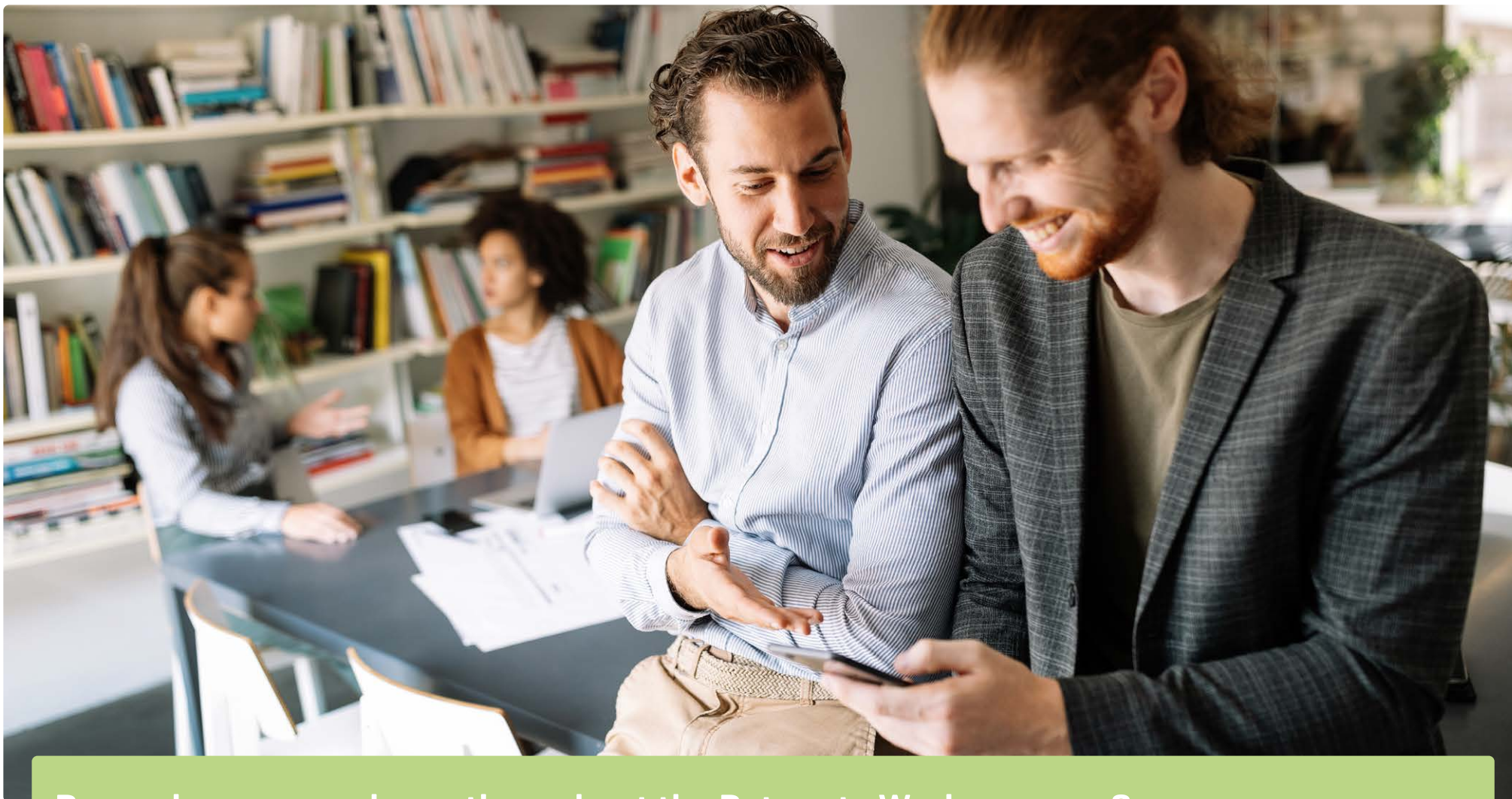
Your advantages as an employer



How to begin an employee's Return to Work assistance programme

Your roadmap to a lasting Return to Work





Do you have general questions about the Return to Work program?
Contact us at reintegrationhc@aginsurance.be